

ACTION INTERNATIONAL MARTIAL ARTS ASSOCIATION

Grandmaster Hee Il Cho
President & Founder of AIMAA
9th Degree Black Belt



Master John Kirkwood
Regional Director AIMAA Scotland
6th Degree Black Belt

AIMAA SCOTLAND ONE-STEP TEAM DIVISIONS

Gender	Age	Belt	Category	Please Tick Box
Mixed	7 to 10 yrs	White to Orange	OS 1	<input type="checkbox"/>
Mixed	7 to 10yrs	Green to Purple	OS 2	<input type="checkbox"/>
Mixed	7 to 10 yrs	Brown to Black	OS 3	<input type="checkbox"/>
Mixed	11 to 15 yrs	White to Orange	OS 4	<input type="checkbox"/>
Mixed	11 to 15 yrs	Green to Purple	OS 5	<input type="checkbox"/>
Mixed	11 to 15 yrs	Brown to Black	OS 6	<input type="checkbox"/>
Mixed	16yrs and over	White to Orange	OS 7	<input type="checkbox"/>
Mixed	16yrs and over	Green to Purple	OS 8	<input type="checkbox"/>
Mixed	16yrs and over	Brown to Red	OS 9	<input type="checkbox"/>
Mixed	16yrs and over	Black Belts	OS 10	<input type="checkbox"/>