

AIMAA SCOTLAND NATIONALS 2009

RULES & INFORMATION

AIMAA SCOTLAND NATIONALS 2009

SUNDAY 10TH MAY 2009

BLANTYRE SPORTS CENTRE, GLASGOW ROAD, SOUTH LANARKSHIRE

DOORS OPEN 9.00 am

COMPETITION WILL START AT 9.30AM

*JUNIOR POINT SPARRING – JUNIOR CONT-SPARRING
CADET SPARRING - ADULT SPARRING*

PATTERNS – TEAM PATTERNS – ONE-STEP TEAMS

Trophies awarded for 1st, 2nd and 3rd place in each category.
All under 13 yr olds and under will receive a participation medal.

AIMAA SCOTLAND NATIONALS ENTRY IS BY PRE-REGISTRATION ONLY
NO FORMS OR ENTRIES WILL BE ACCEPTED ON THE DAY

AIMAA Scotland reserves the right to combine or eliminate any division due to lack of competitors within that division.

AIMAA Scotland reserves the right to refuse entry and/or remove anyone from the Tournament for violating any rule/procedure

WEIGH IN

All Competitors will be checked for their weight and spot checks throughout the competition will be in force.

COMPLAINTS & QUERIES

Any queries, complaints or grievances should be taken immediately to Master. John Kirkwood.

AIMAA SCOTLAND NATIONALS 2009

RULES & INFORMATION

COMPETITORS

- *Must be physically and mentally fit and an active member of a martial art school /club/gym.*
- *Must have a proper and clean uniform representing their school/club/gym.*
- *NO wearing of Jewellery, all items must be removed.*
- *Please not if there is less than 3 competitors within a division, this may be cancelled or merged with another division.*

COMPETITION RULES & DETAILS

SCORING

Competitors attitude and discipline will be taken into account by the judges/referees.

1 CENTRE JUDGE + 2 CORNER JUDGES FOR POINT SPARRING

1 CENTRE JUDGE + 2-4 CORNER JUDGES FOR CONTINUOUS SPARRING

SPARRING

1 POINT FOR A PUNCH TO THE HEAD OR BODY

1 POINT FOR A KICK TO THE BODY

2 POINTS FOR A KICK TO THE HEAD

2 POINTS FOR A JUMPING KICK TO THE BODY

3 POINTS FOR A JUMPING KICK TO THE HEAD

LIGHT CONTINUOUS SPARRING

This is a light-contact competition.

- All competitors must have pads on and be ready to compete once their competition begins, no swapping of pads allowed.
- Padded equipment must include hands (not fingerless), feet, shins, gum, head & groin (groin is optional for females).
- Each arena will have 3 judges and one referee.
- The referee will have the final decision in the event of a draw.
- If the referee also deems the contest a draw, a 30 second round will commence. If, after that, the result is a draw, the competitors will fight again and the first point (Sudden Death!) will decide the winner.
- In all matters, referees decision in final.
- All complaints should be taken up in writing to AIMAA Scotland Director Master John Kirkwood.

EXCESSIVE CONTACT

First Call	Verbal Warning
Second Call	Verbal Warning and points deducted
Third Call	Disqualification

AIMAA SCOTLAND NATIONALS 2009

RULES & INFORMATION

LEGAL TARGET AREAS:

The trunk of the body from the neck to the lower abdomen. Light head contact allowed.

LEGAL TECHNIQUES:

Hand - All punches, back fist, ridge hand and knife hand.

Feet - All foot techniques. (No sweeps allowed)

ILLEGAL TARGET AREAS:

The back, neck, hip or anywhere below the belt.

ILLEGAL TECHNIQUES:

Elbow and knee attacks, heavy head contact, forearm strikes, shin strikes, slapping, blind techniques and hitting opponent when down.

BOUT DURATION:

The contest will consist of 1.5 minute rounds for all children divisions.

All Cadets and Adult divisions will be 2 minute rounds.

Final will consist of 1x2 minute round.

If there is a draw a further 30 seconds will be added.

If the bout still results in a draw then it goes to "SUDDEN DEATH" - 1st opponent to score.

PATTERN/FORM SCORING

Colour Belt Students Forms/Patterns: Competitors may perform their present grade pattern or next pattern.

Black Belt Forms/Patterns : All Black Belt Competitors may perform any Black belt Pattern.

Team Patterns : Team of 3 students to perform, can be a mixture of male and female.

One Step Techniques : These will be performed by teams of two (mixed or same sex). Teams will perform ten techniques (5 each), alternating from one student to the other.

A panel of three/five judges will judge all PATTERN/FORMS—ONE-STEP— TEAM PATTERN events.

Points will be awarded, recorded and displayed. Scoring will be judged on, balance, co-ordination, power and execution of technique. Points will also be awarded for distance from partner in the one step technique categories.

All Competitors should have a neatly pressed suit with the appropriate badges worn. Discipline and attitude shall be taken into account by the judges.